



VIRTUAL CLINICS

MUSIC IN THE HIGH SCHOOLS - WINTER 2023

“The President’s Own” United States Marine Band will offer virtual clinics for high school music programs Feb. 1-28, 2023. Music educators can sign up beginning noon (ET), Jan. 11, 2023, for a Marine musician to meet with their class. Clinic availability is limited. One request per educator, please. **Sign up:** www.marineband.marines.mil/Educational/Music-in-the-Schools/

CLINIC TOPICS

1. Practice Techniques for High School Musicians
 2. Mindset Matters
 3. Improving Tone
 4. Inspired Musicianship - Making the Connection Between the Practice Room and the Concert Stage
 5. Before You Play - Setting Up for Success
 6. Practicing with Recordings
 7. Technical Mastery Through Creative Scales Practice
 8. Meet a Member - Clarinet
 9. Meet a Member - Brass
 10. Fundamentals for Clarinet
 11. Fundamentals for Bassoon
 12. Fundamentals for Low Brass
 13. Improving on Trombone - Fundamentals, Concepts, and Techniques
 14. For Strings - Practicing the Performance
 15. Engaged Practice, Inspired Musician - Practice Tools for Strings (Available Feb. 21-28 only).
4. **Inspired Musicianship - Making the Connection Between the Practice Room and the Concert Stage:** We all dream of giving stellar performances, but how can we bring the excitement of concert day into our daily practice routine, especially when it feels like we are stuck in a practicing rut? In this clinic we will explore ways to harness the things you love about music to carry you through your daily practice, to get more done in less time, and to retain more of your hard work between practice sessions or rehearsals.
 5. **Before You Play - Setting Up for Success:** A fun and interactive clinic that revisits the importance of correct posture, breathing, instrument placement, and healthy coping mechanisms for nerves. The mastery of these fundamentals helps pave the way for better technique, musicality, and overall performance. This clinic is for all instrument types.
 6. **Practicing with Recordings:** Bassoonist Staff Sgt. Stephen Rudman will discuss engaging new ways to incorporate recordings into a player’s practice routine. These techniques will help students train their ears, feel more confident with their parts, and have more fun in their practice.

CLINIC DESCRIPTIONS

1. **Practice Techniques for High School Musicians:** We’ve all heard that practice makes perfect, but what makes perfect practice? This clinic will give your students inspiration and practical tips to take their playing to the next level.
 2. **Mindset Matters:** In this clinic, we will explore the mental tools to help navigate the triumphs and obstacles that are a part of everyone’s musical and life journey. It will also cover some practical, actionable steps that can help us consistently access these tools and propel us to maximize the impact we have on ourselves and those around us.
 3. **Improving Tone:** Help your woodwind and brass students understand, identify, and produce a good tone! Saxophonist Staff Sgt. Connor Mikula will guide students to become active listeners and begin describing tone qualities, then provide them tools to improve their own tone through active and engaged warm ups.
7. **Technical Mastery Through Creative Scales Practice:** Do your students find practicing scales boring or stale? A thorough knowledge of scales, paired with the ability to execute them in every imaginable way on one’s instrument, is the key to being able to play any style of music. This clinic offers fresh new ways to approach scale practice for any high school instrumental ensemble.
 8. **Meet a Member - Clarinet:** “Meet a Member” sessions allow students to connect with a musician in the Marine Band. The musician will share their unique journey, from beginning music student to playing in “The President’s Own,” give insight into the experience of being part of the Marine Band, and answer questions from students.

CLINIC DESCRIPTIONS

9. **Meet a Member - Brass:** “Meet a Member” sessions allow students to connect with a musician in the Marine Band. The musician will share their unique journey, from beginning music student to playing in “The President’s Own,” give insight into the experience of being part of the Marine Band, and answer questions from students.
10. **Fundamentals for Clarinet:** This clinic aims to resolve some of the most common problems clarinetists of all levels encounter. Students will investigate areas such as tone, technique, embouchure, tongue position, and air support. Please have all students bring their instruments.
11. **Fundamentals for Bassoon:** Principal Bassoonist Master Gunnery Sgt. Chris McFarlane provides students tips and techniques for maintaining reeds, troubleshooting mechanical issues, and practicing fundamental skills on the bassoon. Bring questions!
12. **Fundamentals for Low Brass:** This clinic will address the physiological aspects of tone production, as well as a general approach to achieve a beautiful low brass sound. Valve and slide instruments are both welcome.
13. **Improving on Trombone - Fundamentals, Concepts & Techniques:** This clinic is designed to help high school trombonists of any level improve on their instrument. From fundamental concepts to practice techniques to learning musical styles and repertoire, this clinic focuses on the foundations of healthy and high-quality trombone playing.
14. **For Strings - Practicing the Performance:** Are your students frustrated by playing perfectly during practice and then having the wheels come off during a performance or audition? Marine Chamber Orchestra Concertmaster Gunnery Sgt. Karen Johnson teaches students how to “practice the performance” to help them perform at their best.
15. **Engaged Practice, Inspired Musician - Practice Tools for Strings:** Individual practice can sometimes feel like a chore, and bad habits can feel impossible to change. This clinic will explore ways to approach practice that foster learning and growth, while maximizing students’ time spent with their string instruments. (Available Feb. 21-28 only).